

# Program Night Meals

Thank you so much for agreeing to help us feed these precious young single moms and their children! Here is all the information we think you'll need, but feel free to call our Operations Manager Whitney Rogers in the office (859-258-7837) with any questions. A volunteer will be there on Thursday night to meet you at the door, help you bring things in, and tell you where things go. Your contact person on Program Night will be our Executive Director Tanya Torp (cell phone 859-684-8729).

## Location:



Immanuel Baptist Church  
3100 Tates Creek Road  
Lexington, KY 40502  
The Gathering Place - Entrance 1\*  
6:00 PM on Thursday Night

*\*Note: If you are looking at the building from Tates Creek Road, this is the double door entrance to the far right. There are signs throughout the parking area to guide you as well as a signage at each entrance.*

## Preparing the Meal

You are preparing for 50 adults (our Mom's and their Support Group Leaders), approximately 20 children (ages 2 ½ -10 years) and 10 toddlers *plus those in your group if your group is planning to stay to eat after serving the meal.*

Each meal consists of an entrée, a side, a salad, desert and beverage.

- Entrée examples include chili, taco bake, chicken casserole, chicken tenders, lasagna, etc.
- Side item examples include vegetables and/or bread.
- Desert can range from fruit, pies to cakes to cookies - your choice!
- Beverages may be 2 liters of soda, gallons of tea or lemonade.

### Children's Meal:

*If the moms/adult meal is not child friendly, we suggest bringing chicken bites, pizza rolls, or small quesadillas along with fruit cups, juice boxes and cookies.*

### Toddler's Meal:

*We recommend foods they can eat with their fingers – such as chicken bites, pizza rolls, or small quesadillas, cheese, fruit cups, and juice boxes. Please do not bring hot dogs as they are a choking hazard for these young children.*



## Thursday Night Timeline

- Arrive by 6:00 PM with food already prepared and hot. We do not access to facilities at Immanuel for you to prepare your meal there. Please be on time, as the moms and children need to eat at 6:30 in order for our evening to continue on schedule
- Serving of the meal begins at 6:30 PM so you will need to make sure you arrive at 6:00 pm in order to keep the night on schedule. The MC for the evening will recognize your group, pray over the food, and send the girls through the line.
- After serving, we invite you to make a plate and join the moms at the tables – you will enjoy chatting with them and getting to know them.
- The moms will then be dismissed to their Support Groups around 7:30. These are closed groups so this is a great time for you to assist with clean up.

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healing & empowering  
young single moms

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